

HEALTH SCIENCES (B.S.)

Health Sciences is an interdisciplinary program grounded in the liberal arts. The major is comprised of courses in Health Promotion, Nutrition, Addictions, Physical Activity, Biology, Chemistry and Psychology.

Students learn environmental, socioeconomic, and personal factors that influence the health of individuals and populations while creating targeted interventions. To complete the Health Sciences major, students select one of four options: Pre-Health Professions, Nutrition and Dietetics, Health and Wellness or Addiction. All Health Sciences majors complete the Health Sciences core along with courses in their option. This major prepares students for a wide variety of health-related careers and pre-professional health programs. Prospective students should meet with a faculty advisor during their first semester. Specific requirements and standards are listed for each of the options.