

PHYSICAL EDUCATION (B.S.)

This interdisciplinary program provides students with multidimensional professional preparation in Physical Education. The curriculum combines an understanding of child and youth development with the knowledge, skills, and dispositions necessary to facilitate teaching and learning a variety of physical activities. The Physical Education major is completed by selecting one of the following two options: Teacher Certification or Child and Youth Physical Activity Specialist.

Students are accepted to the College as Physical Education majors, Teacher Certification (PETC) or Child and Youth Physical Activity Specialist (CYPAS) option. Students will be given support with program planning throughout their time at KSC and are encouraged to work with their faculty advisor regularly to review how they are meeting program requirements.

Physical Education: Teacher Certification Option

The Teacher Certification option prepares students to teach Physical Education in public schools and meets all current requirements by the State of New Hampshire for certification in physical education, grades K through 12.

Physical Education: Child & Youth Physical Activity Specialist Option

The Child and Youth Physical Activity Specialist option (CYPAS) prepares students to become physical activity leaders in one or more of the following settings: recreation, sport and dance clubs/teams, after school programs, and outdoor programs. This program does not lead to K-12 certification.

Integrative Studies Program

40 credits minimum

Physical Education: Teacher Certification Option

The Teacher Certification option prepares students to teach Physical Education in public schools and meets all current requirements by the State of New Hampshire for certification in physical education, grades K through 12.

Code	Title	Credits	Completed
Major Requirements (80 credits)			
<i>Core Requirements</i>			
HP-100	Issues in PE and Sport	4	
HP-300	Applied Kinesiology	4	
HP-301	Physiology of Exercise	4	
HPPE-360	Teaching Phys Ed	4	
HPPE-361	Adapted P.E. & Sport	4	
<i>Skills and Techniques</i>			
HPPE-235	Teaching Team Games & Sport	4	
HPPE-245	Teaching Outdoor & Lifetime Ac	4	

Second or Third Year			
HPPE-255	Teaching Fund Mov & Rhyth Acti ²	4	
HPPE-265	Teaching Fitness Child & Youth ²	4	
<i>Allied Requirements</i>			
BIO-230	Human Anat & Phys I	4	
BIO-332	Human Anat & Phys II	4	
INCHEM-100	Introduction to Chemistry	4	
MATH-111	Applied College Algebra	4	
PSYC-211	Child & Adolescent Psyc	4	
Option Requirements			
HPPE-363	Assessmt of K-12 PE Learners	2	
HPPE-375	Practicum: Teaching Elementary ¹	4	
HPPE-376	Practicum: Teaching Secondary ¹	4	
HPPE-475	Student Teaching: Elementary ¹	6	
HPPE-476	Student Teaching: Secondary ¹	6	
HPPE-477	Student Teaching Seminar	2	
Total Credits		80	

Teacher Certification Option Progression Requirements

Admission to Educator Preparation is required of all PETC students (refer to Decision Points for Undergraduate Initial Certification Programs, on the KSC Educator Preparation web site <https://www.keene.edu/office/teachered/students/decision-points/>).

Decision Point Timeline is listed below:

- Decision Point One: Must be met prior to the first practicum (HPPE-375 Practicum: Teaching Elementary or HPPE-376 Practicum: Teaching Secondary)
- Decision Point Two: Must be met prior to the second practicum (HPPE-375 Practicum: Teaching Elementary or HPPE-376 Practicum: Teaching Secondary)
- Decision Point Three: Must be met prior to student teaching (HPPE-475 Student Teaching: Elementary & HPPE-476 Student Teaching: Secondary)
- Decision Point Four: Must be met for recommendation for endorsement for NH certification upon program completion.

Additional Expectations and Responsibilities

All students majoring in Physical Education - Teacher Certification option must be certified in Standard First Aid, Adult and Child CPR and AED for courses, listed above, marked with a ¹.

Students are responsible for the purchase of PE shirts.

Additional expenses associated with the Educator Preparation Program include Admission to Educator Preparation Application fee, Tk20 fee, Praxis Core Academic Skills for Educators (Reading, Writing, and Mathematics), Praxis Subject Assessments (Physical Education Content & Design), required criminal background checks for practicum and student teaching experiences, and NH Teacher Certification fee.

Travel is required for practicum and student teaching experiences. Students are responsible for their own transportation.

Physical Education: Child & Youth Physical Activity Specialist Option

The Child and Youth Physical Activity Specialist option (CYPAS) prepares students to become physical activity leaders in one or more of the following settings: recreation, sport and dance clubs/teams, after school programs, and outdoor programs. This program does not lead to K-12 certification.

Code	Title	Credits	Completed
Major Requirements (72 credits)			
Core Requirements			
HP-100	Issues in PE and Sport	4	
HP-300	Applied Kinesiology	4	
HP-301	Physiology of Exercise	4	
HPPE-360	Teaching Phys Ed	4	
HPPE-361	Adapted P.E. & Sport	4	
Skills and Techniques			
HPPE-235	Teaching Team Games & Sport	4	
HPPE-245	Teaching Outdoor & Lifetime Ac	4	
Second or Third Year			
HPPE-255	Teaching Fund Mov & Rhyth Acti	4	
HPPE-265	Teaching Fitness Child & Youth	4	
Allied Requirements			
BIO-230	Human Anat & Phys I	4	
BIO-332	Human Anat & Phys II	4	
INCHEM-100	Introduction to Chemistry	4	
MATH-111	Applied College Algebra	4	
PSYC-211	Child & Adolescent Psyc	4	

Option Requirements			
HP-210	Principles of Coaching	4	
HP-374	Practicum One ¹	4	
HP-474	Practicum Two ¹	4	
Select one of the following:		4	
IIHP-310	Psycho-Social Aspects of Sport		
IIHP-311	Outdoor Rec Leadership		
HP-362	Law & Ethics in Sport and Rec		
HP-444	Sports & Rec. Administration		
Total Credits		72	

Additional Expectations and Responsibilities

All students majoring in Physical Education, Child & Youth Physical Activity Specialist option must be certified in Standard First Aid, Adult and Child CPR and AED for courses, listed above, marked with a ¹.

Students are responsible for the purchase of PE shirts.

Travel is required for practicum experiences. Students are responsible for their own transportation.

Electives

Select courses to reach a minimum total of 120 credits for the degree.

Degree Requirements

120 credits
40 credits at the upper-level

Upon completion of the Physical Education degree B.S., students will fulfill:

- Standard 1: Scientific and Theoretical Knowledge Physical education teacher candidates know and apply discipline-specific scientific and theoretical concepts critical to the development of physically educated individuals.
- Standard 2: Skill and Fitness Based Competence ¹ Physical education teacher candidates are physically educated individuals with the knowledge and skills necessary to demonstrate competent movement performance and health enhancing fitness as delineated in the NASPE K – 12 Standards.
- Standard 3: Planning and Implementation Physical education teacher candidates plan and implement developmentally appropriate learning experiences aligned with local, state, and national standards to address the diverse needs of all students.
- Standard 4: Instructional Delivery and Management Physical education teacher candidates use effective communication and pedagogical skills and strategies to enhance student engagement and learning.
- Standard 5: Impact on Student Learning Physical education teacher candidates utilize assessments and reflection to foster student learning and inform instructional decisions.

- Standard 6: Professionalism Physical education teacher candidates demonstrate dispositions essential to becoming effective professionals.

Upon completion of the Physical Education Child and Youth Activity Specialist B.S. degree, students will demonstrate:

- Scientific and Theoretical Knowledge: know and apply discipline-specific scientific and theoretical concepts critical to the development of physically educated children and youth.
- Skill and Fitness Based Competence: knowledge and skills necessary to demonstrate competent movement performance and health enhancing fitness to children and youth.
- Planning and Implementation: plan and implement developmentally appropriate learning experiences that address the diverse needs of children and youth.
- Instructional Delivery and Management: use effective communication and pedagogical skills and strategies to enhance child and youth engagement and learning.
- Impact on Child and Youth Learning: utilize assessments and reflection to foster child and youth learning and inform instructional decisions.
- Professionalism: demonstrate dispositions essential to becoming effective professionals.